



Proudly present

Going Nuts for 25 years 1997-2022 Grand Prix Round 4 Regatta

RACE PROGRAM AND MAPS ONLY

to be read in conjunction with the
AOCRA Rules, 1 April 2021

and **NQ Zone Matters for Attention 2021**

Saturday 20 August 2022

to be held at

Coconuts Beach, Innisfail

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Arthur J. Gallagher
BUSINESS WITHOUT BARRIERS™



Australian Government
Department of Social Services



Queensland
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The Queensland Government provide funding
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RACE DIRECTOR

Adrian Darveniza

Mob: 0402 047 820

Email: sjfarming@inet.net.au

IMPORTANT NOTICE

- The Race Program will run on time, or at the discretion of the Race Director. Please be ready for your event. The Race Director will not wait for crews to get to the START LINE.
- Please note that races may be brought forward on the day so please notify all competitors that it is important to listen for changes over the PA system.
- Clubs must provide adequate canoes for competitors in each division.
- All canoes are required to carry one PFD per paddler, and must be easily accessible.
- It is the responsibility of the individual to ensure that their equipment is of a safe and suitable standard
- Always be Sunsmart.
- Please be aware that crocodiles are present in the Johnstone River, so exercise caution around the water. Swimming is not recommended.
- Bad behaviour will not be tolerated and may lead to disqualification

THE VENUE

The regatta will be held at Coconuts Beach Innisfail. In the case of bad weather, all events will remain at Coconuts Beach Innisfail.

PARKING

Parking for competitors is available at the beach along the Esplanade and in adjacent streets.

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TRAILER PARKING

Trailer parking is available in front of the Flying Fish Point Slipway and along the waterfront extending between the regatta site and the slipway. There will be a sign indicating the area. The area for unloading and rigging of canoes will also be clearly marked.

REFRESHMENTS

BBQ, tea, coffee, soft drinks and a variety of sweets will be available at the race venue.

PRESENTATIONS

The presentation evening will be held at Warrina Lakes – refer to last page for details. Dinner tickets to be prebooked by Friday 5 August 2022 via the AOCRA web site.

ACCOMMODATION

Please book direct

NAME	ADDRESS	PHONE
Tropical Lodge (Preferred supplier)	17 Flying Fish Point Road, Innisfail	4061 7477
Barrier Reef Motel	Bruce Hwy, Innisfail	4061 4988
Black Marlin Motel	26 Gladly Street, Innisfail	4061 2533
Moondarra Motel	21 Ernest Street, Innisfail	4061 7077
Innisfail City Motel	14 Owen Street, Innisfail	4061 2266
August Moon Caravan Park	Bruce Hwy, Innisfail	4063 2211
Etty Bay Van Park	4 Etty Bay Road, Etty Bay	4063 2314
Flying Fish Point Tourist Park	Elizabeth Street, Flying Fish Point	4061 3131
Mango Tree Tourist Park	2-6 Couche Street, Innisfail	4061 1656
River Drive Van Park	7 River Avenue, Innisfail	4061 2515
Crown Hotel	25 Ernest Street, Innisfail	4061 4722
Goondi Hill Hotel	173 Edith Street, innisfail	4223 0699

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<u>NOMINATION FEES</u>		Senior Paddlers	Juniors Paddlers
OC6	Per Crew Per Division Per Event	\$90	A \$25 fee for all Junior Paddlers participating in Junior Events ONLY
OC6 25 yr 2500m Challenge	Per Crew Per Division (includes both Part A and Part B)	\$120	
OC1/2	Per Paddler Per Division Per Event	\$15	

- **Please note the 25 Year 2500m Challenge Part A and Part B constitute one race only for nomination purposes.**

CLUB NOMINATIONS

All clubs must lodge a CLUB NOMINATION with payment, performed online, at www.aocra.com.au

Individuals wishing to compete in an OC1/2 event can lodge a NOMINATION with payment by credit card, at www.aocra.com.au

All nominations close at **11.59pm Friday 5 August 2022**

LATE NOMINATIONS WILL NOT BE ACCEPTED

TEAM and INDIVIDUAL NOMINATIONS

The name of individuals eligible to paddle in each race in each division) **must be lodged online at www.aocra.com.au no later than 11.59pm Friday 5 August 2022. Registrars please submit your webscorer file by this deadline.**

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When Signing In for OC6/V3 events clubs need to indicate:

1. the canoe number (and any identifying feature eg sponsor name)
2. crew name (if applicable)

When Signing In for OC1/2 events individuals need to:

1. Confirm the division
2. Indicate individual/s paddling
3. Canoe number (and any identifying feature eg colour of ama)

It would be appreciated if paddlers do not approach the sign In desk until they have all of the above details.

**The sign in desk will be open Friday 19 August from 4pm-5pm
for any clubs that want to avoid the Saturday morning rush.**

Race Coordinator:	Vicki Mackereth
Email:	coconuts_registrar@outlook.com
Telephone:	0423 640 021

OC6 CATEGORIES

An unlimited open category will be included in all women's, men's and mixed OC6 races.

COVID SAFE EVENT

Please DO NOT attend if you have a fever, cough, sore throat, runny nose, or shortness of breath. Competitors & visitors are to adhere to Queensland Health Regulations regarding Covid-19 at the time of this event. Please maintain social distancing, sanitize your hands & equipment frequently so that we can all continue to enjoy paddling.

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REGATTA RACE PROGRAM

Saturday 20 August 2022

Sunrise: 6.30am Sunset: 6.08pm Low Tide: 1.46am (1.48m); High Tide: 5.42am (1.78m); Low Tide 12.21pm (1.07m); High Tide 6.56pm (2.43m)

Paddle more than 25km to receive a ticket into the draw for CASH PRIZES to be drawn at the presentation night (you need to be present to collect).

Time	No	Event		Distance
0600		Blessing		
0615		Briefing – 25 Year 2500m Challenge (Part A) & 12km Marathon		
0630	1	OC6 – Women all divisions (inc. unlimited) & Novice Men	Part A	2500m
0650	2	OC6 – Juniors	Part A	2500m
0710	3	OC6 – Men all divisions (inc. unlimited) & Novice Women	Part A	2500m
0730	4	OC6 – Novice mixed	Part A	2500m
0750	5	OC6 – Mixed all divisions (inc. unlimited)	Part A	2500m
0815	6	OC6 – Women all divisions (inc. unlimited)		12km
0945	7	OC6 – Men all divisions (inc. unlimited)		12km
1115		Briefing - OC1/2 & 25 Year 2500m Challenge (Part B)		
1130	8	OC2 – 19U, 16U & OC1 Novice Women & OC2 Novice Men OC1 – 14U, 12U		2500m
1205	9	OC2 – Mixed all divisions V3 – Mixed Open		2500m
1230	10	OC2 – 14U, 12U & OC1 Novice Men & OC2 Novice Women OC1 – 19U, 16U		2500m
1300	11	OC1, V1, OC2, V3 - Men and Women all divisions		8km
1415	12	OC6 – Women all divisions (inc. unlimited) & Novice Men	Part B	2500m
1435	13	OC6 – Juniors	Part B	2500m
1500	14	OC6 – Men all divisions (inc. unlimited) & Novice Women	Part B	2500m
1520	15	OC6 – Novice mixed	Part B	2500m
1545	16	OC6 – Mixed all divisions (inc. unlimited)	Part B	2500m

PLEASE NOTE: Course distances may be varied according to weather conditions, and start times may change, please ensure you check with race officials on the day and attend all race briefings.

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Sunday 21 August 2022

Sunrise: 6.30am **Sunset:** 6.08pm

Low Tide: 2.19am (1.34m); High Tide: 6.29am (1.82m); Low Tide 12.59pm (0.97m)

SUNDAY SURF SESSION

All paddlers who purchase a dinner ticket and attend presentation night are invited to attend the Sunday Surf Session.

Informal session with coaches from various clubs – come along for a fun morning of knowledge sharing and learning new techniques, whether to improve your speed or maintain injury-free paddling.

Bring your own OC1 or OC2. Paddlers who don't own their own canoe are welcome to paddle in one of the Coconuts' OC6, V3, or OC1/2 canoes.

Come to one session, or both:

0700 – 0900 Session 1
0900 – 0930 Morning tea
0930 – 1130 Session 2



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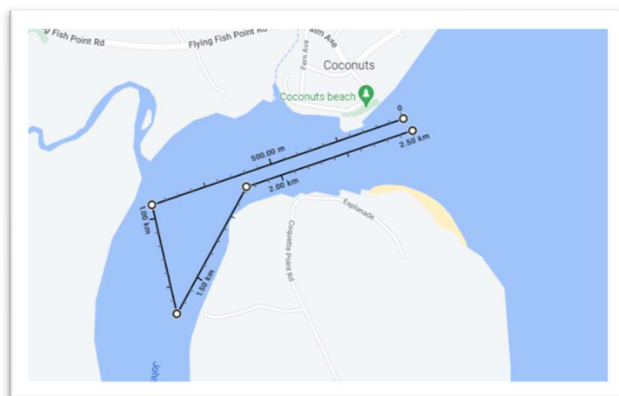


COURSE MAPS

25 Year 2500m OC6 Challenge – There will be a PRIZE awarded to the overall winning crew!

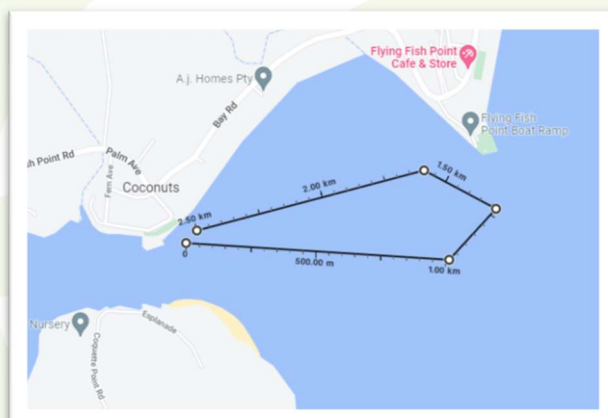
PART A:

All senior, junior and novice divisions will complete a 2500m course. This course will start between two marker buoys located in front of the regatta site. Competitors will paddle up the Johnstone River, passing to the right of Crocodile rock, continuing upriver to the buoy where they will make an ama turn and paddle back to the finish line at Coconuts beach.



PART B:

All senior, junior and novice divisions will complete a 2500m course. This course will start between two marker buoys located in front of the regatta site. Competitors will head out to sea and paddle anti-clockwise around three buoys before returning to the finish line in front of the regatta site.



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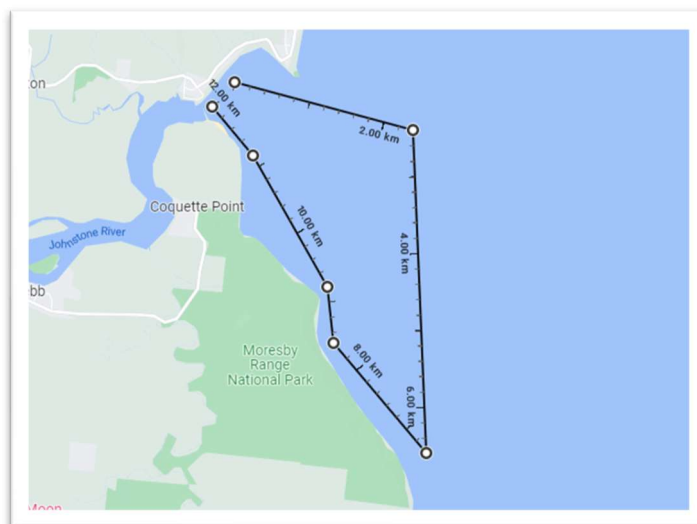
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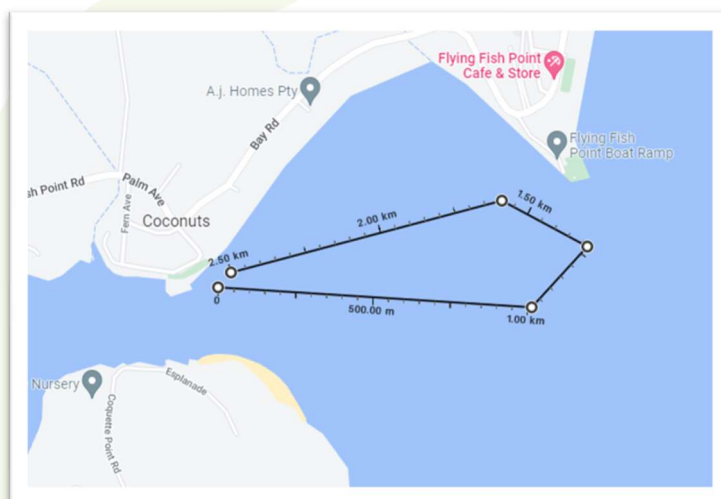
SENIOR Marathon OC6 12km

This course will start between two marker buoys located in front of the regatta site. Competitors will head out to sea to the red buoy 2km from the start line, at which a non-ama turn is made. Paddlers then head in a southerly direction to a buoy, turning the buoy in a non-ama turn before heading along the coastline back to the beach to the finish line.



JUNIOR and SENIOR OC1, OC2 2500m

All senior, junior and novice divisions will complete a 2500m course. This course will start between two marker buoys located in front of the regatta site. Competitors will head out to sea and paddle anti-clockwise around three buoys before returning to the finish line.



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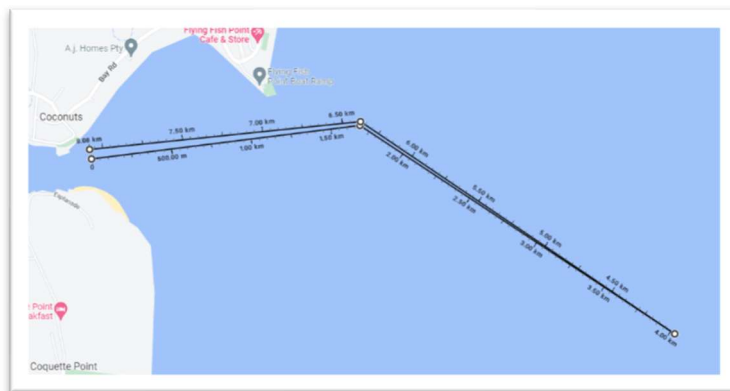
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SENIOR OC1, OC2, V3 – 8km marathon

This course will start between two marker buoys located in front of the regatta site. Competitors will head out to sea to the red buoy at which a non-ama turn is made. Paddlers then head south east to a buoy at which an ama turn is made, before returning to the red buoy, making an ama turn before paddling back to the finish line.



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Presentation evening from 6pm at Warrina Lakes

Cnr Charles and Emily Streets, Innisfail

Buffet dinner

Smoked Beef, Pulled Pork, Chicken Curry,
Rice and Salads, Vegetarian Option – Veg Lasagne,
Sweets

Adults - \$35, Children (12 & under) - \$12

Children under 5 eat free

Medal Presentations after dinner

Bar available including soft drinks and water
(drinks not included in dinner price)

pre bookings required by Friday 5 August via the AOCRA website

Music and Entertainment - Dance the night away!



“Paddle all day, Hula all night”



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